HCT HELLO CHINA TRIP



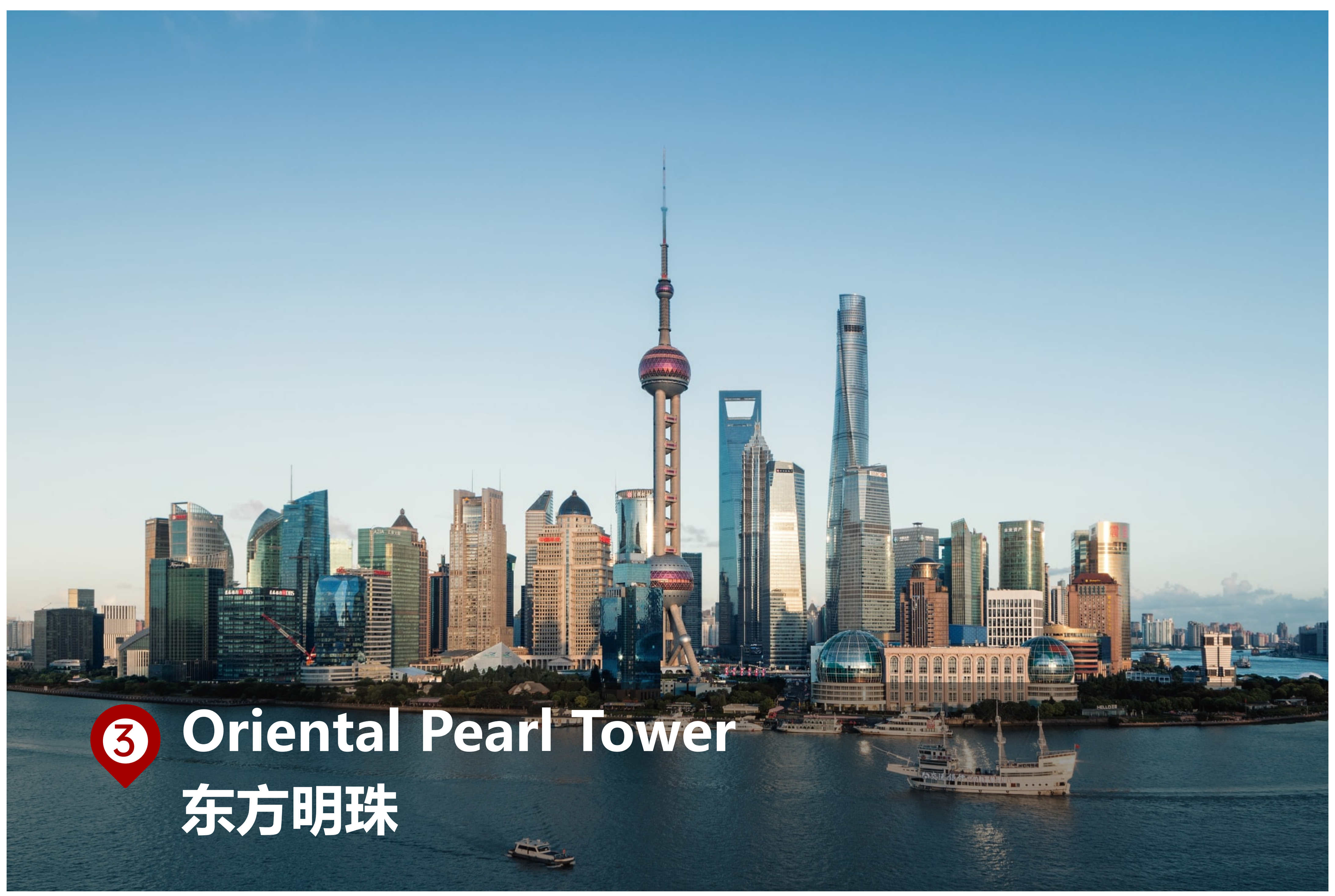
Shanghai



① The Bund
外滩



② Disney Resort
迪士尼度假区



③ Oriental Pearl Tower
东方明珠



④ Shanghai Science and Technology Museum
上海科技馆



⑤ Yu Garden
豫园



⑥ Nanjing Road Pedestrian Street
南京路步行街



⑦ Jing'an Temple
静安寺



⑧ Zhujiajiao Ancient Town
朱家角古镇

Brief

Shanghai is a charming international metropolis. The Bund's International Architecture Exhibition and Lujiazui's skyscrapers face each other across the river, showing a unique urban style. Shanghai Disney Resort is full of joy and innocence, and the Oriental Pearl TV Tower is a city landmark. Shanghai cuisine is rich in oil and sauce, and the special snacks are rich and varied. Shanghai people are warm and hospitable, pay attention to neighborhood relations, and have rich and colorful cultural activities.

Why Go Here

- The beauty of international architecture
- Try the authentic Shanghai flavor
- Feel the joy of Disneyland
- Enjoy the shopping spree
- Explore the historical heritage

Basic info

Time zone：CST (UTC+8)

Area code：+86/021

Postal code：200000

Language：Mandarin

Currency：RMB, called "Yuan", "Jiao", "Mao",

10 Jiao = 1 Yuan

Plug：

Voltage：220V

Frequency：50 Hz

Currency conversion：

RMB：¥

US dollars：1 USD = 7.2559 RMB

1 RMB = 0.1378 USD

SOS

Police: 110
Medical Care: 120
Traffic Accident: 122
Fire Emergency：119

Sights

The Bund
外滩



The Bund is located on the bank of the Huangpu River. It is about 1.5 kilometers long and is a symbol of Shanghai. The buildings of different styles stand tall, recreating the style of the "Wall Street of the Far East". The diverse architectural styles are important historical sites and representative buildings. You can take a boat trip on the river at night to enjoy the bustling city view.

Address

Zhongshan East 1st Road, Huangpu District, Shanghai 上海市黄浦区中山东一路

Recommended play time：3 hours

Opening Hours

Open all day

Transportation

- You can take bus No. 71 and get off at the Bund Station on Yan'an East Road. It is within walking distance.

② Disney Resort
迪士尼度假区



Located in Shanghai's Pudong New Area, Shanghai Disney Resort is the first Disney resort in mainland China. It has classic attractions such as a large Disney castle, a pirate theme park, and an extra-long parade route, allowing visitors to immerse themselves in the magical charm of fairy tales.

Address

No. 310 Huangzhao Road, Chuansha New Town, Pudong New Area, Shanghai 海市浦东新区川沙新镇黄赵路310号

Recommended play time：6 days

Opening Hours

Open all day

Transportation

- 08:30-21:30 (March 22, 2025 - April 13, 2025, Monday - Sunday)

③ Oriental Pearl Tower
东方明珠



The Oriental Pearl Tower is adjacent to the Huangpu River and across the river from the Bund. It is a landmark cultural landscape in Shanghai and one of the first 5A-level scenic spots in China. It is 468 meters high, with 11 spheres connected in series. The 267-meter revolving restaurant offers a night view, and the 259-meter suspended gallery overlooks the river and Lujiazui.

Address

No. 1 Century Avenue, Pudong New Area, Shanghai 上海市浦东新区世纪大道1号

Recommended play time：3 hours

Opening Hours

09:00-21:00 (January 1st - December 31st, Monday to Sunday)

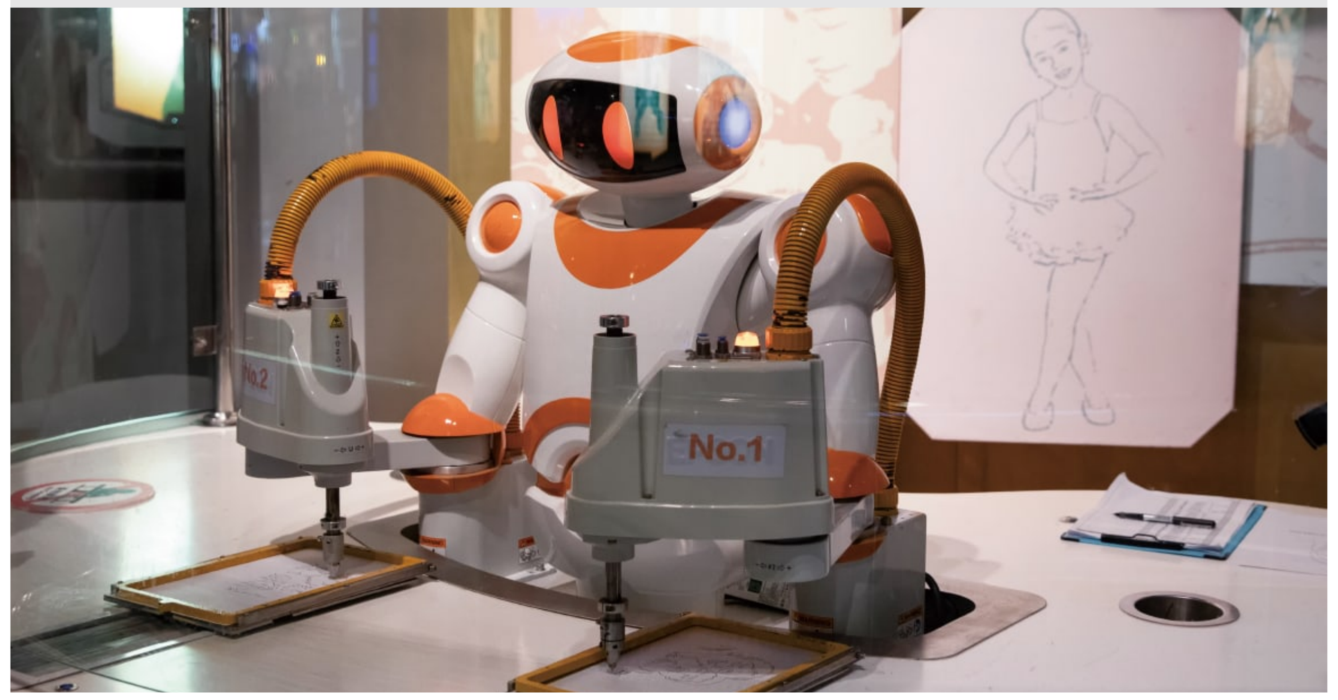
Transportation

- Public transportation

① Metro Line 2 Lujiazui Station is accessible;

② Bus No. 82/314 to Lujiazui Ring Road Fenghe Road Station is accessible within walking distance.

Shanghai Science and Technology Museum 上海科技馆



The Shanghai Science and Technology Museum is the largest science education center in Shanghai. It uses modern equipment to help people understand natural science in all aspects. There are five main exhibition halls, seven exhibition areas and four cinemas in the museum. The exhibits are rich, including wild animal specimens, robot performances, etc. It is rich in knowledge and highly interactive, making it a great choice for family trips.

Address

No. 2000 Century Avenue, Pudong New Area, Shanghai 上海市浦东新区世纪大道2000号

Recommended play time：3 days

Opening Hours

Open all day

Transportation

- All year round Tuesday-Sunday 09:00-17:00;

All year round Monday closed;

Chinese statutory holidays 08:30-17:30.

Yu Garden 豫园



Yu Garden is located in the northeast of Shanghai Yu Garden Tourism and Commercial Zone, adjacent to the City God Temple and the Tourism Mall. It is a world-famous Jiangnan classical garden and became a national key cultural relic protection unit in 1982.

It was first built in the Ming Dynasty, covers an area of about 2 hectares, and fully displays the style of Ming and Qing Jiangnan gardens. It retains many historical sites and is highly praised by the ancients..

Address

No. 168, Fuyou Road, Huangpu District, Shanghai 上海市黄浦区福佑路168号

Recommended play time：3 hours

Opening Hours

All year round Tuesday-Sunday 09:00-16:30;

All year round Monday closed all day;

Chinese statutory holidays 09:00-16:30

Transportation

- Subway: Get off at Yuyuan Subway Station on Subway Line 10 and walk to the destination;
- Bus: Take bus No. 64/736/911/930 and get off at Xinbeimen Bus Station and walk to the destination.

Nanjing Road Pedestrian Street 南京路步行街



Nanjing Road Pedestrian Street is one of the top ten famous pedestrian streets in China and the earliest commercial street after Shanghai opened its port. It is a shopping destination with a wide range of products, full of literary and fashionable atmosphere, creative sculptures, chairs for rest, and trams running around, showing the charm of old Shanghai.

Address

No. 558, Nanjing East Road, Huangpu District, Shanghai 上海市黄浦区南京东路558号

Recommended play time：3 hours

Opening Hours

Open all day

Transportation

- Take the City Sightseeing Tour Line 1 to Nanjing Road Pedestrian Street Bus Stop and walk about 113 meters to arrive.
- You can take bus No. 37/330 to Tianjin Road Fujian Middle Road (bus stop) and walk to the destination.

Jing'an Temple 静安寺



Jing'an Temple is a famous ancient temple in Shanghai. Its architectural style is a fusion of Tibetan style. The 15-ton silver Buddha in the main hall is solemn. The temple includes the main buildings such as the mountain gate, and the golden roof is eye-catching. This place is very popular. There are ceremonies on the birthdays and anniversaries of the Bodhisattva. There is also a three-day temple fair on the eighth day of the fourth lunar month.

Address

No. 1686, Nanjing West Road, Jing'an District, Shanghai 上海市静安区南京西路1686号

Recommended play time：3 hours

Opening Hours

7:30-17:00 all year round

Transportation

- Subway: Take Metro Line 2 or Line 7 to Jing'an Temple Station (subway station), which is within walking distance;
- Bus: Take bus No. 20, 57, 37, 76, etc. to Jing'an Temple (bus station), which is within walking distance.

Zhujiajiao Ancient Town
朱家角古镇



Zhujiajiao Ancient Town is located in Qingpu District, Shanghai, close to Dianshan Lake. It is a typical Jiangnan water town. The town is rich in attractions, snacks and shops, and is the first choice for ancient towns around Shanghai. The ancient town is not big and is suitable for walking tours. The Zhuxi Garden and the Humanities and Arts Museum at the entrance each have their own characteristics.

Address

No. 555, Kezhiyuan Road, Zhujiajiao Town, Qingpu District, Shanghai 上海市青浦区朱家角镇课植园路555号

Recommended play time：3 hours

Opening Hours

Open all day

Transportation

- Take Qingfeng Line, Qingshang Line, Qingshi Line, Qingshang Special Line, Qingxiao Special Line, Qingzheng Special Line, Qingjin Special Line, Songzhu Special Line, Huzhu Special Line, Hushang Special Line, Zhujiajiao Line 1, Zhujiajiao Line 2, Zhujiajiao Line 3 and get off at Xiangningbang Road Caoping Road Station and walk about 390 meters to arrive.

Eating

Shanghai is a city with a variety of styles. In terms of food, Shanghainese cuisine is rich in oil and sauce, such as the braised pork with a mixture of sweet and salty flavors that melts in your mouth; exquisite snacks are endless, such as the delicious soup dumplings and the crispy and juicy pan-fried dumplings. Here, Chinese and Western cultures blend together, and Shanghai-style Western cuisine is unique. Shanghainese people are warm and hospitable, and the Shikumen houses are close to neighbors. There are also traditional activities such as dragon and lion dances, which fully demonstrate the unique local customs and people.

◆ Braised Pork 红烧肉

A classic representative of Shanghainese cuisine, it is made by slow-cooking pork belly with rice wine, soy sauce, etc. It is bright red in color, fat but not greasy, and has a sweet and salty taste that melts in your mouth.



◆ **Fried Shrimp 油爆虾**

The main ingredient is river shrimp, which is quickly fried over high heat and then quickly stir-fried with soy sauce, sugar, rice wine and other seasonings. The shrimp shell is crispy and the meat is tender, the sauce is sweet and fresh, and the shrimp brain is fat and can be eaten with the shell.



◆ **Shanghai Steamed Dumplings 上海小笼包**

Shanghai Xiaolongbao has thin skin and lots of soup, with flower-like wrinkles and sweet meat filling. When eating, first bite through the skin and sip the soup, then dip it in shredded ginger and vinegar to relieve the greasiness.



◆ **Pan-fried buns 生煎馒头**

The semi-fermented dough is fried until golden and crispy, with juicy meat filling and sprinkled with sesame and chives. There are many styles, such as Da Hu Chun's thick skin without juice and Xiao Yang Sheng Jian's thin skin with juiciness.



◆ **Pork Ribs and Rice Cake 排骨年糕**

Pork ribs and rice cakes, the pork ribs are coated with flour and fried until crispy, paired with soft and glutinous rice cakes, and then topped with sweet noodle sauce and spicy soy sauce. Sweet, spicy, crispy and tender, it is a classic Shanghai carbohydrate combination.



◆ **Scallion Oil Noodles 葱油拌面**

The noodles are mixed with scallion oil and soy sauce, and can be sprinkled with dried shrimps to enhance the flavor. The noodles absorb the aroma of the scallion oil and have a chewy texture. It is simple but addictive.



◆ Crab Shell Yellow 蟹壳黄

Shanghai Crab Shell Yellow is shaped like a crab shell, with a golden and crispy shell and sprinkled with white sesame seeds. The filling is both sweet and salty, with sweet bean paste and jujube paste, and salty with fresh meat and scallion oil. When you bite it, the crisp sound is accompanied by the fragrance.



◆ Shanghai Smoked Fish 上海熏鱼

Shanghai smoked fish is a representative traditional cold dish in Shanghai, carrying the unique flavor and nostalgia of old Shanghai. Select fresh grass carp, cut into thick slices, and deep-fry at high temperature until the shell is golden and crispy, locking the freshness of the fish meat. Then, the fried fish slices are dipped in a secret marinade carefully made of soy sauce, rock sugar, star anise, cinnamon, etc., so that it can fully absorb the rich sauce flavor. The finished product is a mixture of salty and sweet, crispy on the outside and tender on the inside, and is an indispensable delicacy on the table of Shanghai people.



◆ Eight Treasure Rice Pudding 八宝饭

Eight Treasure Rice Pudding is a traditional Shanghai delicacy. It is based on high-quality glutinous rice and is embedded with eight kinds of ingredients such as red dates, longans, walnuts, and red bean paste. After being steamed, the rice grains are soft, sweet, and melt in your mouth. The surface is decorated with red and green preserved fruits, and the color is bright and attractive. The soft and sticky glutinous rice and the sweet fillings blend with each other, with a rich taste that is sweet but not greasy. It is not only the "finale dessert" on the New Year's Eve dinner table, but also often appears in festive banquets, implying a happy reunion and good luck.



◆ **Cream Square 奶油小方**

Cream square is a classic Shanghai dessert, carrying the sweet memories of generations of Shanghai people. It is based on a soft and dense sponge cake, sandwiched with light and silky animal cream, and sprinkled with a layer of fine white sugar on the top. The milky white and yellow are alternating, and the shape is simple but mouth-watering. When you eat it, the softness of the cake and the sweetness of the cream blend on the tip of your tongue. It is sweet but not greasy, and has a rich taste. It is the signature food of Ruby Western Pastry and the most gentle nostalgic taste in the streets and alleys of old Shanghai.



Notes

Hospital

● **Ruijin Hospital, Shanghai Jiao Tong University School of Medicine**
上海交通大学医学院附属瑞金医院

Address：No. 197, Ruijin 2nd Road, Huangpu District, Shanghai

Tel：021-96886

Website：www.rjh.com.cn

Opening hours：24 hours

● **Zhongshan Hospital, Fudan University**
复旦大学附属中山医院

Address：No. 180 Fenglin Road, Xuhui District, Shanghai

Tel： 021-114

Website：www.zs-hospital.sh.cn

Opening hours：24 hours

● **Huashan Hospital, Fudan University**
复旦大学附属华山医院

Address：No. 12, Wulumuqi Middle Road, Jing'an District, Shanghai

Tel：021-96999176

Website：www.huashan.org.cn

Opening hours：24 hours

Contact Us

+8613775219367
+8613915017585

cs@hellochinatrip.com

HelloChinaTrip.com

Shanghai Attractions Map

